



Erie, PA

Resident Newsletter

August 2022



**Natalie Washburn**  
Owner/Broker  
Property Manager

## Hello, Neighbor!

Summer seems to have flown by this year, and with the change in seasons comes another look into the happenings at and around our Erie communities. In this issue, you'll find some fun and safe ideas for a pleasant fall, a flavorful Baked Cinnamon Apple Chips recipe, a one-minute meditation to give your mind a rest, and some helpful reminders from your friends in the property office. We'd love to hear from you! Let us know what you like or don't like about our newsletters. Giving you the best living experience is important to us! ~Natalie

## Pools Closing After Labor Day



We've had a beautiful summer this year, allowing for plenty of outdoor activities, including water play at the pool. It's been a blast watching this great amenity being used by you! There are only a few weeks remaining until we close up the Lake View and Shadow Pines pools for another year, so enjoy, enjoy, enjoy while you can! The official closing will be the week after Labor Day.

## Lake View Pool Party 8/27

We're closing out the summer in a big way! Join us for food and awesome music with someone who may look familiar to you--

**DJ Tony B!**

**When:** Saturday, August 27th

**Time:** Noon - 2:00 PM

**Where:** Lake View Pool

**Who:** Lake View, Village, and Scenery Hills residents

**What:** Free pizza and music with DJ Tony B

**BYO:** Beverages, towels, pool toys (bring your own), key fob

**Cost:** Free!

Be sure to mark your calendars!

*\*Weather-permitting*

## Maleno Blog Articles Offer Many Valuable Tips

### Best 9 Tips for Keeping You and Your Home Safe

Whether you're traveling, road-tripping for fall leaves, or staying home, safety should always be top of mind.

[Read More.](#)

### Everything You Should Know About Moving to Erie

Whether you're moving here for a new job, to be with family, or for a fresh start, know that Erie, Pennsylvania has a lot to offer.

[Read More.](#)

### Six Tips for Selecting Your Real Estate Agent

Once you're about 4-6 months out from buying a home, contact our Realtors. We can connect you with mortgage lenders to begin your planning.

[Read More.](#)

**Maleno Property Management:**  
2315 Jamestown Dr, Erie, PA 16506  
5355 Rome Dr, Erie, PA 16509

**814-833-6516 Option 2; for After-Hour Emergencies Option 9**  
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Hours: Monday - Friday 8:00 - 5:00 | [www.malenohomes.com](http://www.malenohomes.com)



## Garbage Disposals

This powerful kitchen tool makes clean up easier for everyone -- but only if used properly! Despite the sharp blades, there are certain foods that just cannot be processed. Here are some tips on which foods can NOT be put down the disposal:

- Coffee grounds - they can clump together, creating a clog that will back up your drain.
- Meat & bones - meat can stick to the sides of the disposal, causing a bad stench and bones are too hard to be ground by the blades.
- Starchy foods like bread, pasta, rice, etc. These foods expand when they get wet, causing a paste to form in your drain which will block up your sink.
- Shells, nuts, and vegetable peels. The shell bits can dull the blades and clog the machinery. Vegetable peels, fruit pits, and corn husks will also cause a clog.
- Grease, oil, or cooking fat. Never, ever pour these down any drains! They can solidify and cause a huge problem that a plumber would have to fix -- at your expense!
- Fibrous foods. They're stringy materials tangle up inside the disposal and jam it. Examples are celery, kale, artichokes, pumpkin, lettuce, asparagus, etc.
- Non-food items. Do a quick check before turning on your disposal to make sure a stray fork, spoon, or glass hasn't fallen in the disposal.

Source: <https://www.ahs.com/home-matters/quick-tips/what-to-put-in-garbage-disposal/>

### How to reset the Garbage Disposal

All of a sudden it stops working and you know there's nothing jammed inside. Watch video:

<https://www.malenohomes.com/video/page/2/show/83>

### Fun Fact!

About one third of an average garbage dump is made up of packaging materials. That's a lot of shopping! Remember to recycle...

## What's New...

### New Employee

You may have seen an unfamiliar - or somewhat familiar - face around the properties this week. He's our new Maintenance Technician, Steve McLallen.

Steve joins Maleno with over 20 years' experience, including Plyler Entry Systems. You may recognize him from servicing your garage doors in the past!

We'll be keeping Steve pretty busy, but if he has time to chat, ask Steve about his famous stuffed pepper recipe. Cooking is a passion of his!



### New Real Estate Video

Watch as Owner/Broker Natalie Washburn takes you on a tour of Harbor Woods at Six Mile Creek in Harborecreek, PA. You'll get a sneak peek at one of our deluxe, Maleno-built homes for sale!



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## Use This 1-Minute Meditation to Settle Your Mind

Meditation is for everyone! No special classes, outfits, or equipment needed. With the many stresses we face today, now might be the time to take up meditation. The health benefits have been well documented, and even just one minute can make you feel better immediately.

The 1-Minute Meditation is all about mindfulness. since we spend a lot of time thinking about things that have already happened, or will be happening, and forget to focus on the now. Any time you find your mind constantly jumping from one thought to another, use this meditation to focus on the present moment and give your mind a little vacation. Let's get started:

- Set a timer on your phone (with a gentle alert) so you don't need to think about whether a minute has passed.
- You can sit or stand.
- If you keep your eyes open, try not to look around at different things. Just keep a soft focus on a single object.
- As you breathe in, adjust your body to an upright position. A posture that allows you to take a deep breath without even trying is what you're striving for.
- If a different thought pops into your head, acknowledge it and then return your focus to your breath. It's perfectly natural to have thoughts interrupt. Just don't be critical of yourself and return your focus to your breathing.
- Keep it up for a full minute. If you find yourself wishing you could meditate longer and have the time, go right ahead.



*Watch video when ready to begin.*

Source: <https://www.mindful.org/how-to-meditate/>

### Friendly Reminders

- **Our office will be closed Monday, Sept. 5th for Labor Day.**
- All cars should be registered with the office. Please be aware that nonregistered vehicles will be tagged and towed. Let us know if you buy a new vehicle!
- Please bring in outdoor patio furniture and decorations when the weather begins to turn.
- If mail is delivered to your mailbox and it is not yours, simply write "Return to Sender" across the mailing address and place back in your box. The mail person will return it to the Post Office. If packages are delivered to your door that are not yours, you may bring them to the Property Office for forwarding.

### Tu Casa es Mi Casa

Do you like our play on this old expression? Seriously though, we truly appreciate you choosing to make your home in our community. Our quality homes and strong reputation come from excellent care and maintenance of our properties.

**We ask you to maintain the inside of your home with the same level of care.** Keep them clean and tidy, not only for easy access by our maintenance teams, but for your safety as well. There have been a few times we've chosen not to renew and/or evict due to the damages incurred from improper care. While it may sound harsh, it's to protect your environment so you can feel safe and proud to live in a Maleno community.



## RECIPE CORNER

### Baked Apple Cinnamon Chips

Fall is apple season! Healthy and kid-friendly, try these yummy apple chips.

#### Ingredients:

- 2 Golden Delicious apples, cored and thinly sliced
- 1/2 teaspoon ground cinnamon
- 1 1/2 teaspoons white sugar



#### Directions:

1. Preheat oven to 225 F.
2. Line baking sheets with parchment paper.
3. Arrange apple slices on baking sheets.
4. Mix sugar and cinnamon together in a bowl; sprinkle over apple slices.
5. Bake until apples are dried and edges curl up, 45 minutes to 1 hour; flipping them over halfway through baking.
6. Transfer apple chips, using a metal spatula, to a wire rack until cooled and crispy.

Source: <https://www.allrecipes.com/recipe/233281/apple-chips/>

## Hiking Spots and Trails

The beauty of nature is right in our backyard. Erie has miles and miles of breathtaking scenery and hiking trails to be explored. Fall is a perfect time to enjoy the outdoors!

Stay local hiking the 1.2 mile [Winter Green Gorge trail](#) and the 18 easy-to-most-difficult [Presque Isle Trails](#).

If you'd like to take a day trip, try [Panama Rocks](#), the [Kinzua Dam](#), or the 47 miles of trails at [Cook's Forest](#).



## Learn Something New

[Instructables.com](https://www.instructables.com) has over 65,000 projects that tell how to build, cook, create, modify, or design things that range from the simple to the very complex.

Instructables.com is the ultimate DIY site, and every project features instructions, images, diagrams, and videos. Best of all, it is free, so get your creative juices flowing with a visit to [Instructables.com](https://www.instructables.com)

Let us know how it goes!

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